

Clean Change & Transition

1st July 2010

Clean Language is an approach developed by David Grove, a psychotherapist, in the late 1980's, when he discovered that clients naturally described their symptoms in metaphors. When he explored those metaphors using their exact words, their symptoms began to change. Through fully preserving and honouring the clients' experience - rather than reframing it or attempting to change it as is more common practice in psychotherapy - lasting changes started to occur naturally.

When working in organisations, Clean Language keeps the facilitator from unintentionally introducing their metaphors, assumptions or suggestions into a conversation. It invites a client's perceptions to evolve and change organically, one question at a time. It influences the clients' process, by directing their attention to particular aspects of their inner world, using their own words as much as possible.

This evening session will provide an overview and experience of working with Clean Language and Clean Space, with a specific focus on its contribution to Change and Transition. It is an incredibly creative and emergent process and can go very deep, very quickly, providing 'a different level of knowing'. It can also be great fun to work with when focusing on lighter issues, leading to the most amazing and surprising outcomes.

Terri McNerney has an Msc in Organisational Consulting from Ashridge and some 20+ years experience working with individuals, teams and organisations going through Change and Transition. She will share some of her experiences in working with Clean and some practical ways of integrating it with other models of change.

So if you want to find out more about the Clean approach to Change and Transition, then sign up for this workshop. We'd love to see you there.

Date: July 1st 2010

Time: 5.30am -8.30pm,

Location: Central London

For more details see: <http://www.sadlerheath.org/sadlerheath/content/view/83/34/>

To book a place contact Terri at tmcnerney@redegtransitioncoaching.com or ring her on 020 8840 4305